

Monthly Cost Estimates at Two Locations the Ideal Lifestyle Meeting "Living", "Working" and "Earning" Needs

■ Set for a family with two parents (age 35) with two children (1 elementary school student and 1 nursery school toddler)

All figures are for Japanese yen

			In Tokyo		Current Ama Town Lifestyle		Ideal Ama Town Lifestyle		Your cost estimate		
Working and family life settings			Two full-time workers with nursery school childcare		Two full time workers with nursery school childcare		Parents both working in self-sufficiency, barter and money economies				
Monthly total cost			449,600		307,600		209,417		0		
Annual total cost			<b>5,395,200</b>		<b>3,691,200</b>		<b>2,513,000</b>		<b>0</b>		
Food cost	at home consumption		<b>83,600</b>		<b>66,600</b>		<b>26,000</b>		<b>0</b>		
		Rice	5,000	10 kg/mo.	5,000	10 km/mo.	1,000	reclaiming paddy field			
		Meat	4,000	2X/wk at 500 ea.	2,000	1X/wk. at 500 ea.	0	Kept poultry			
		Fish	1,000	2X/mo. at 500 ea.	0	Fishing or gifts	0	Fishing or gifts			
		Eggs	1,600	2X/wk at 200 ea.	1,600	2X/wk at 200 ea.	0	Kept poultry			
		Vegetables	8,000	2X/wk. at 1000 ea.	2,000	comp most of the time	1,000	home garden or barter			
		Seasonings	4,000	1X/wk. at 1000 ea.	4,000	1X/wk. at 1000 ea.	1,000	Homemade miso and salt, barter others			
		Snacks and etc.	4,000	2X/wk at 500 ea.	4,000	2X/wk at 500 ea.	1,000	homemade or barter			
	Alcoholic beverages	4,000	1X/wk. at 1000 ea.	4,000	1X/wk. at 1000 ea.	1,000	barter				
	Other	8,000	2X/wk. at 1000 ea.	8,000	2X/wk. at 1000 ea.	1,000	barter				
	Eating out	entire family	20,000	1X/wk. at 5000 ea.	20,000	1X/wk. at 5000 ea.	10,000	mainly home party			
Drinks		24,000	1X/wk. at 6000 ea.	16,000	1X/wk. at 4000 ea.	10,000	mainly home party				
			<b>156,000</b>		<b>76,000</b>		<b>53,667</b>		<b>0</b>		
Housing costs	Rent		120,000		40,000						
	Utilities		17,000	5000 for water, 7000 for electricity, 5000 for gas	17,000	5000 for water, 7000 for electricity, 5000 for gas	13,000	Saving fuel cost with firewood			
	Housing loan					21,667	Self-built for 6 million yen, 30 year loan				
	Communications		19,000	7000 for two mobile phones and 5000 for internet	19,000	7000 for two mobile phones and 5000 for internet	19,000	7000 for two mobile phones and 5000 for internet			
Transport	Train		50,000		55,000		49,750		0		
	Car	Purchasing cost				10,000	two mini vehicles for 300,000 yen each (used for five years)	5,000	one mini vehicle for 300,000 yen and share rides		
		Insurance				8,000		4,000			
		Safety inspection				5,833	Bi-annual inspection at 70,000 ea. for 2 cars	2,917	Bi-annual inspection at 70,000 ea. for 1 car		
		Tax				1,667	10,000 annually for 2 cars	833	10,000 annually for 1 car		
		Rental		10,000							
	Other										
Travel		20,000	Driving to suburbs	29,500	1X every 2 mos., hotel for 4	37,000	travel abroad once year				
Clothes		40,000	Suits, uniforms, etc.	20,000		10,000	homemade or barter				
Education	School expenses	Elementary	10,000	tentative	10,000	tentative	10,000	tentative			
	Nursery		10,000	tentative	10,000	tentative	10,000	childcare at home			
	Reserve		50,000		50,000		50,000				
Tax	Income		10,000		8,000		5,000				
	Resident tax		15,000		12,000		7,000				
	Community membership		5,000	charge for building common	3,000	community annual membership fee	3,000	community annual membership fee			
	Life insurance		5,000		5,000		5,000				
Entertainment		50,000	Various amusement needed	20,000	not much amusement available	10,000	enjoying life, no need of amusement				